

GC Tooth Mousse

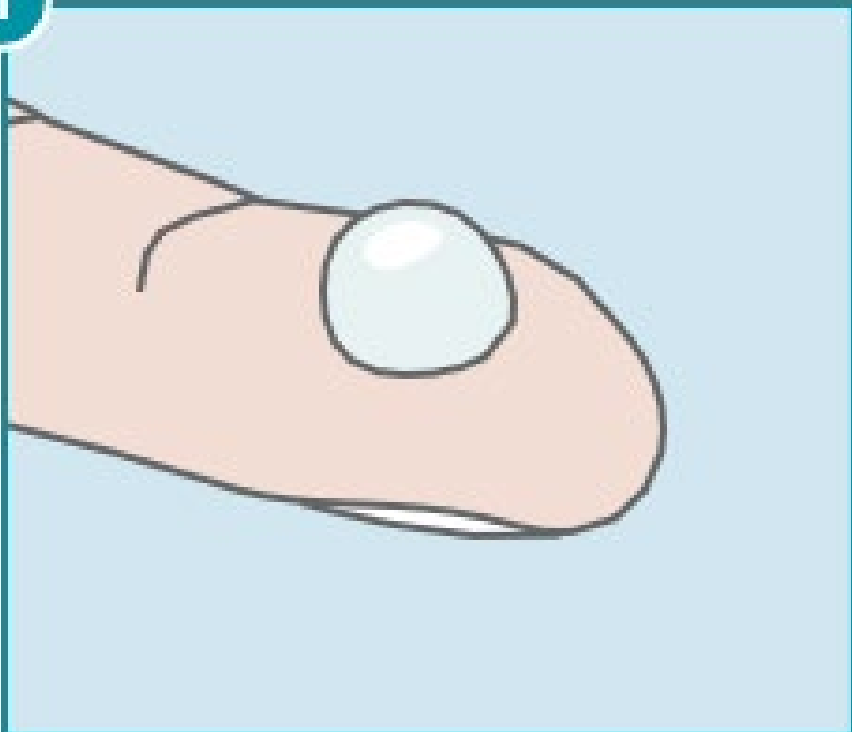
GC Tooth Mousse Plus

Strengthens. Protects. Desensitises

Directions for Use

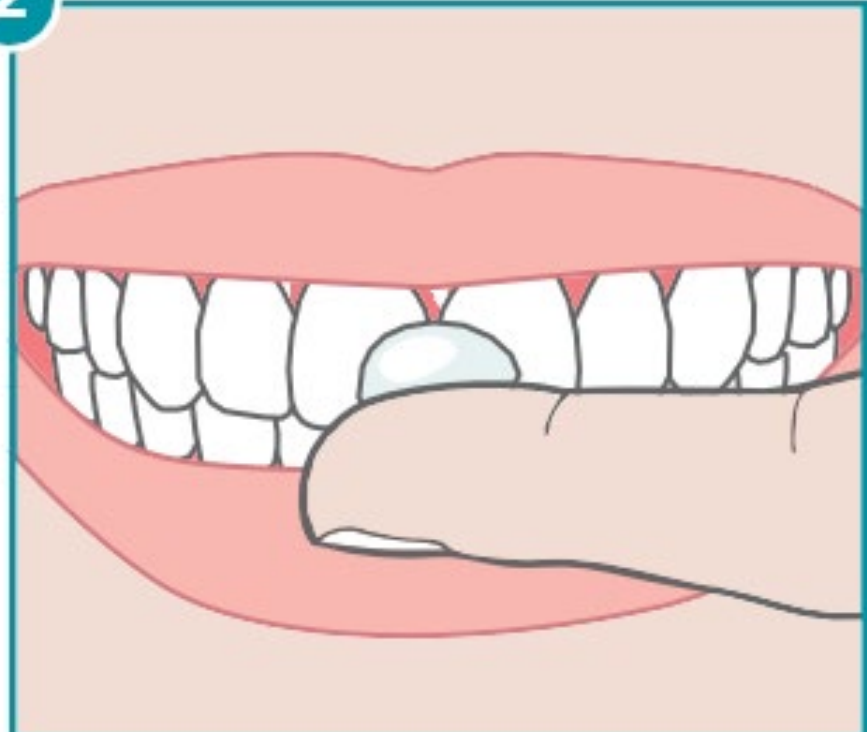
You should discuss with your dentist how often and for how long you should apply GC Tooth Mousse / Tooth Mousse Plus. Application should occur after brushing teeth. In most situations, morning and night application is advised.

1



Squeeze a small amount of GC Tooth Mousse / Tooth Mousse Plus onto a clean finger.

2




Apply to all teeth with a clean finger and use your tongue to spread around evenly.

3

3 MINUTES

Leave GC Tooth Mousse / Tooth Mousse Plus on teeth for a minimum of 3 minutes avoiding spitting out and swallowing. For a more effective result, allow the mousse to remain in contact with your saliva for an additional 1–2 minutes.

4



Spit out excess. Any GC Tooth Mousse / Tooth Mousse Plus remaining on the surface can be left to gradually dissipate. Avoid rinsing, and do not eat or drink for 30 minutes following application.