

# everStick®C&B Anterior Bridge



## Technique Guide



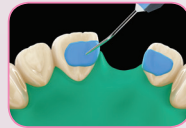
Measure the length of fibre needed



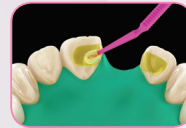
Cut the fibre inside the silicone



Clean the teeth with pumice and water



Etch the teeth for 45-60 seconds



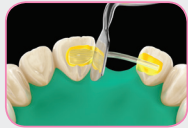
Bond the etched area and light-cure



Apply a flowable composite; do not light-cure



Position the fibre on top of the flowable



Spread the fibre on the surface of the first tooth



Light-cure while protecting the rest of the fibre



Bend the centre of the fibre labially to support the pontic, and hold it in position. Do not light-cure.



Spread the fibre on the surface of the second tooth, while keeping the labial curvature. Light-cure the complete structure.



Add a transverse fibre occlusally; cover with flowable & light-cure



Layer the pontic with composite



Finish and check the occlusion

Recommended for:  
Minimally invasive bridges



900833 everStickC&B 2x12cm refill  
900834 everStickC&B 1x8cm refill



### Clinical Tips for Anterior bridges!

- Keep the fibre protected from the light to avoid premature curing.
- By removing old restorations, you can obtain space for the fibre frame without additional preparation of the teeth.
- In anterior bridges, attach the fibre frame as incisally as possible to allow maximum support for the bridge.
- At the occlusal contact, the optimal thickness of the composite layer on top of the fibre frame is 1-2mm. Apply StickRESIN, thin with air, light-cure and cover again with composite.
- Attach a transverse fibre with flowable composite on the occlusal side to support the pontic.
- The fibres must be entirely covered with composite. Use thixotropic GC flowables for a precise application.
- If you notice after placement that the fibre is too long, shorten it with a diamond bur during the finishing phase. Make sure not to cut the fibres!
- Store the package in the refrigerator.